THE TRINITY REVIEW

For though we walk in the flesh, we do not war according to the flesh, for the weapons of our warfare are not fleshly but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ. And they will be ready to punish all disobedience, when your obedience is fulfilled. (2 Corinthians 10:3-6)

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Recovering Irenæus

By Timothy F. Kauffman

Introduction

Irenæus, bishop of Lyons (early 2nd century – 202 AD), by his own hand commends himself as a disciple of Polycarp of Smyrna (69 – 155 AD)1 who was himself “instructed by apostles and conversed with many who had seen Christ.”2 The venerable bishop of Lyons held that the tradition of the apostles is the treasure of the Church, and their tradition is found in the written record of the Scriptures: “Since, therefore, the tradition from the apostles does thus exist in the Church...let us revert to the Scriptural proof furnished by those apostles...”3 Irenæus, just one generation removed from the voice of the apostles, is therefore held in high esteem by those who study the writings, beliefs, and practices of the early Church. The branch and leaf of Irenæus, many believe, is so close to the trunk and taproot of apostolicity that we can safely assume that what Irenæus taught is what Polycarp heard from the apostles themselves. What is more, his familiarity with and reliance upon the Scriptures not only show that he had immediate access to the instructions of the apostles, but also shed light on how the early Church interpreted those instructions.

An unwelcome surprise therefore appears to await the Protestant student of Irenæus. Upon a cursory reading he seems to advocate for the liturgical mixing of water with wine during the Lord’s Supper, the reality of Christ’s presence in the bread and wine at the words of institution, and the continual offering of the flesh and blood of Christ as the oblation of the new covenant. In a word, he appears to be Romophilic in his liturgy. That, at least, is the legend that has arisen from the tattered remnants of his works, and many a Protestant has stumbled into error when confronted with Roman Catholic arguments ostensibly derived from him.

But the legend is pure fiction, the product of fertile imaginations, anachronistic readings, medieval traditions and, most unsettling, the wide acceptance of known, egregious, and even intentional translation errors from his original Greek into Latin and English. When understood within the context of his own works and his native Greek, Irenæus taught in the second century the same eucharistic4 liturgy practiced by Reformed Protestants today. What is more, he is shown to be utterly ignorant of the late antique and medieval Roman Catholic novelties of transubstantiation and the mass sacrifice. Truth be told, Irenæus was Protestant. He used simple wine in the celebration of the Supper without a liturgical mixing of water, knew nothing of transubstantiation and the sacrifice of the mass, and held that the change in the bread and wine of the Lord’s Supper occurred not in the substance of the elements themselves but in the mind of the believer. The fantastic Roman Catholic interpretations of Irenæus rely upon statements extracted from their original context, and

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1 Eusebius, Church History, V, 20.4-6.
2 Irenæus, Against Heresies, III, 3.4. Unless otherwise indicated, citations from Irenæus’ Against Heresies (AH) and other church fathers in English come from Phillip Schaff’s Ante-Nicene Fathers series. Citations in Greek and Latin come from Jacques-Paul Migne’s Patrologiae Cursus Completus, Series Graeca (PG). Citations from the 1996 Catechism of the Catholic Church (CCC) are indicated by paragraph, and citations from the Scriptures are from the King James Version.
3 Irenæus, Against Heresies, III, 5.1.
4 Eucharist comes from the Greek word, εὐκαρπία (eucharisteō), used in the Gospel accounts when Christ multiplied loaves and fish and “gave thanks” for them (Matthew 15:36; Mark 8:6) and when He “took the cup, and gave thanks” (e.g., Luke 22:17) and “took the bread, and gave thanks” (e.g., Luke 22:19). The ancient church referred both to the tithe offering for the poor and to the Lord’s Supper as “the eucharist,” as both were expressions of gratitude to God.
both accidental and intentional mistranslations. Much of this may be blamed on the Roman Catholic apologist’s desperation to find early evidence for his religion, but the problem is further compounded by the credulity of unsuspecting Protestants and the poor condition of the body of data, a situation that is leveraged to the full by the Roman apologist.

Irenæus’ Works in Translation
The historiographical challenge facing us as we read Irenæus is threefold: first, his writing style can be tedious and difficult; second, his original Greek works survive only in fragments; and third, the complete manuscript of his most valuable treatise—the five-book compilation Against Heresies—survives only in Latin from an unidentified translator known to be unequal to his task. Dr. Alexander Roberts, who translated Against Heresies into English, observed,

Irenæus, even in the original Greek, is often a very obscure writer. At times he expresses himself with remarkable clearness and terseness; but, upon the whole, his style is very involved and prolix. And the Latin version adds to these difficulties of the original, by being itself of the most barbarous character. In fact, it is often necessary to make a conjectural re-translation of it into Greek, in order to obtain some inkling of what [Irenæus] wrote…. Its author is unknown, but he was certainly little qualified for his task…. [T]here are not a few passages in which a guess can only be made as to the probable meaning.⁵

It is to that “barbarous” Latin translation of Irenæus’ missing or fragmented Greek originals that we must now turn our attention. The Roman Catholic arguments from Irenæus rely not only upon that barbaric Latin translation when the Greek is not available, but also upon “preferred” rewritings of what little Greek we possess. However, a careful analysis easily overcomes both the historiographical challenge and the fertile imagination of the Roman apologist.

Irenæus’ Liturgy of the Eucharist
The bulk of Irenæus’ writing on the liturgy of the eucharist is found in Against Heresies, Book IV, chapters 17-18 and Book V, chapters 1-2. Other incidental references to the liturgy are made throughout his works. We will begin with Irenæus’ references to “the mingled cup and the manufactured bread” of the Lord’s Supper. From there we will examine why he believed that created food—stalk and vine, kernel and grape, ear and cluster, and especially the ingredients of mixed bread and mingled wine—militated so powerfully against the gnostic denial of the union of flesh and Spirit. That conviction bore heavily on his affirmation of the “new oblation of the new covenant.” Once Irenæus is understood in his own historical and historiographical context, and his approach to the Gnostics is understood, it is a matter of simple inspection to expose the widely accepted and egregious translation errors Roman Catholicism uses to advance an argument for transubstantiation and the mass sacrifice in Irenæus. Restoring Irenæus’ original words corrects the Roman editorializing and reveals a much different eucharistic liturgy.

Irenæus’ Reference to the Mingled Cup in the Lord’s Supper
In Book I of Against Heresies (AH), Irenæus makes reference to the heretical imitations of the Lord’s Supper using a cup “mixed with wine” (AH.I.13.2). In Book IV, he states that Christ “affirmed the mixed cup to be His blood” (AH.IV.33.2), and in Book V, he makes reference to “the commixture of the heavenly wine” (AH.V.1.3), the “mingled cup” used in the Lord’s Supper (AH.V.2.3), and Christ’s promise to drink “the mixed cup new with His disciples in the kingdom” (AH.V.36.3). Such references are very appealing to the Roman Catholic apologist because his own eucharistic liturgy includes the addition of water to the wine at the altar.⁶

A little history will serve us well. Prior to the rise of Roman Catholicism, Greeks, Jews, Romans, and early Christians all understood that wine for civilized consumption was made of merum mixed with water to cut flavor and alcohol to taste. Merum—pure wine or unmixed wine—was considered an unfinished agricultural product, too sweet and too inebriating on its own. The consumption of merum was considered the practice of barbarians. Jews found the drinking of straight merum to be “harmful.”⁷ The Greeks attributed the untimely death of Cleomenes to his habit of drinking pure wine “unmixed with water.”⁸ Roman poet Martial wrote in the first century that intentional inebriation could be achieved by reducing the water-to-merum ratio

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⁶ See General Instruction of the Roman Missal, (Washington, DC: United States Catholic Conference, Inc., 2003), paragraphs 142, 178. At the altar, either the priest (paragraph 142) or the deacon (paragraph 178) “pours wine and a little water into the chalice.”

⁷ 2 Maccabees 15:39.

⁸ Herodotus, History, Book VI.
from the standard 2:1, to a much less diluted 1:1.⁹ Clement of Alexandria insisted that adolescents were obliged to water down merum in order to “allay the agitation of lust,” for the common proverb warned, “unmixed wine is far from compelling a man to be wise.”¹⁰

The ancient world—Greeks, Jews, Romans, Christians—thus understood the simple secular manufacturing process for making wine: merum, or unmixed wine, was mingled with water. The resulting mixture was called “wine with water,” “wine and water,” “mingled wine,” “mixed wine” or simply “wine.” Wine, as we know it today, was to the ancient world, “merum with water,” which is to say, “unmixed wine with water,” which of course is “wine.”

Early Christian references to mixed wine in the liturgy of the Lord’s table are not references to a liturgical mixing of wine with water, but rather to a secular practice of watering down the merum as the final step in a manufacturing process. Justin Martyr (100 – 165 AD) taught that “wine and water” used during the liturgy¹¹ was already mixed in the cup before it was brought to the table.¹² Clement of Alexandria (c. 150 – c. 215 AD) described “baked bread” and “a mixture of wine and water” in his discussion on John 6, referring to the common manufacturing processes for both.¹³ Cyprian of Carthage (c. 200 – 258 AD) insisted that the wine used in the Lord’s Supper “is not indeed water alone, nor wine alone”¹⁴ in the same way that the bread “cannot be flour alone or water alone,” referring plainly to two secular manufacturing processes. Aphrahat of Persia (280 – 345 AD) had the “mixed” cup set at the table prior to the arrival of the bridegroom.¹⁵ None had the cup being mixed at the table. Merum was mixed with water to make wine, and wine was brought to the table already mixed.

Irenæus’ several references to the liturgical use of mingled wine reflect his knowledge of an ancient manufacturing process, not a liturgical rite of mixing water with wine. His description of “the mingled cup and the manufactured bread” in the Lord’s Supper plainly refers to those two manufacturing processes (AH.V.2.3). In Irenæus (as in Justin, Clement, Cyprian, and Aphrahat, above), there was no more liturgical significance to the mixing of merum with water for the making of wine than there was to the mixing of flour and water or the baking of dough to make bread. Important to the present discussion, the wine and bread were mixed, mingled, kneaded and baked prior to the meal, not liturgically at the table. It is not until the late fourth century that Ambrose of Milan (c. 340 – 397 AD) proposed the novel mixing of water into the wine liturgically during the Lord’s Supper at the table.¹⁶ There is no credible evidence for liturgical mixing of water into wine any earlier than that, but Ambrose’s novelty has long since been used to reinterpret the earlier patristic references to suggest that even Christ Himself had mixed the water and wine at the table when He instituted the Supper.

We highlight this obscure history of the mingled cup not only to demonstrate how creatively Roman Catholicism strives to establish apostolic continuity for her novelties, but also, and more importantly, to showcase the early Church’s knowledge of, and fascination with, the secular manufacturing processes for the food Christ blessed and consumed at His last meal. It played no small part in their efforts to face down a growing gnostic heresy that denied that Christ had a body, or that the Holy Spirit was truly poured out on men. The mingling of merum with water to make wine and the mixing of flour with water to make bread was just a small piece of a larger construct employed by the early Church to show that God had mingled with His own creation. That knowledge will serve us well as we correct later Roman Catholic attempts to use the mixed cup to force the mass sacrifice upon an unwilling Irenæus.

Created Food as Figure and Evidence of the Unity of Flesh and Spirit

The early writers applied the figures of grain and vine, flour and grape, and bread and wine in their arguments on the incarnation, the pouring out of the Spirit, the body of Christ, and the resurrection from the dead. So with Cyprian: “when the water is mingled in the cup with wine, the people is made one with Christ,” and “as many grains, collected, and ground, and mixed together into one mass, make one bread; so in Christ, who is the

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¹¹ Justin Martyr, First Apology, 67.
¹² Justin Martyr, First Apology, 65.
¹⁴ Cyprian of Carthage, Epistle 62, 13. The error being corrected by Cyprian was that merum was not being used at all. His argument was not for a liturgical mixing but for the proper use of mixed wine during the meal.
¹⁵ Aphrahat of Persia, Demonstrations, Demonstration 6, 6.
heavenly bread…our number is joined and united.”  

Clement of Alexandria appealed to the bread and the mingled wine to signify the union of Christ with His people: just as bread, “crumbled into a mixture of wine and water” absorbs the wine and leaves the water behind, so Christ joins to Himself “those among men who are heavenly, nourishing them up to immortality.…”  

And again, the Hebrews drank water in the wilderness, but harvested grapes in the promised land, which signified that “the blood of the grape—that is, the Word—desired to be mixed with water, as His blood is mingled with salvation.”  

Chrysostom likened the manufacturing processes of wine and bread to the incarnation: “He has mixed up Himself with us; He has kneaded up His body with ours.”

Irenæus joined in with alacrity, applying vigorously the allegories of bread and wine to the gnostic denial that Jesus was the Creator’s Son, that He possessed a body, that He had come to save both soul and body, that the Holy Spirit could be poured out on flesh, and that Jesus would raise our bodies to life. That Christ made wine at Cana (John 2:1-11) and bread on the mountaintop and thanked His Father for it (John 6:11), demonstrated that “the God who made the earth, and commanded it to bring forth fruit” was the same God who sent His Son and bestowed on flesh “the blessing of food and the favour of drink” (AH.III.11.5). Christ “availed Himself of those kinds of food which are derived from the earth” to show that He possessed a body of “flesh which had been derived from the earth…” (AH.III.22.2). The Lord’s promise to “give to men a new heart and a new spirit” (Ezekiel 36:26) was fulfilled in “the new wine which is put into new bottles” and in the giving of the Spirit “to give water to the elect people of God” (AH.IV.33.14). “For as a compacted lump of dough cannot be formed of dry wheat without fluid matter, nor can a loaf possess unity, so, in like manner, neither could we, being many, be made one in Christ Jesus without the water from heaven,” the Holy Spirit (AH.III.17.2). As “a grain of wheat, is sown in the earth and decays,” so our bodies “which are laid in the earth, into which seeds are also cast” arise from the dead and partake of incorruption (AH.V.7.2). Christ “hungered…in order that we may perceive that He was a real and substantial man—for it belongs to a man to suffer hunger when fasting” (AH.V.21.2). “God permitted these things to be made, and…all such have been created for the benefit of that human nature which is saved, ripening for immortality” (AH.V.29.1). Christ’s promise “to drink of the fruit of the vine with His disciples” proved not only that they would inherit a material earth “in which the new fruit of the vine is drunk,” but also that they would be resurrected “in the flesh…for to drink of that which flows from the vine pertains to flesh, and not spirit” (AH.V.33.1). The Lord’s promise to reward Jacob with “plenty of grain and wine” (Genesis 27:28) would only be realized in “the times of the kingdom” when “the creation…shall fructify with an abundance of all kinds of food”—every vine will bring forth “ten thousand clusters” and “every ear should have ten thousand grains” (AH.V.33.3).

Irenæus was so focused on the significance of God’s creation of food, Christ’s and the disciples’ consumption of created food on Earth, and their future consumption of created food together in Heaven, because created food testified most clearly to him of the union of flesh and Spirit and stood in stark contrast with the heavenly powers of the Gnostics that “do not come in contact with any of those things which belong to creation” (AH.II.15.1). Irenæus had written Against Heresies to counter the error, applying repeatedly the construct of created food to expose their inconsistencies, as illustrated by the challenge, by no means unique: “Let them therefore no longer speak of the Pleroma as being spiritual, or of themselves as ‘spiritual,’ if indeed their Æons sit feasting with the Father, just as if they were men…” (AH.II.17.3). For this reason, Irenæus pressed the created food of the eucharist to its allegorical limit, and it is here that the Roman religion thinks to extract from him her most precious teaching: the sacrifice of the mass.

Irenæus’ Reference to the “New Oblation” Instituted at the Last Supper

It is in chapters 17 and 18 of Book IV that we find in Irenæus a new sacrifice to be offered by the Church during the Lord’s Supper. It is initially disturbing to read because the Protestant mind, after a fashion, has been schooled to deny all other sacrifices than that of Christ. Yet Irenæus was emphatic when he wrote that Jesus “taught the new oblation of the new covenant” at the Last Supper, an “oblation” the Church now regularly “offers to God throughout all the world.” Irenæus held that the “new oblation” was prophesied in Malachi 1:11, foreseeing that “in every place incense shall be offered unto my name, and a pure offering” by the Gentiles (17.5). And again: “the Lord gave instructions” that the “oblation of the Church” is “to be offered throughout all the world” (18.1). Such references are very appealing to

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18 Clement of Alexandria, The Paedogogus, I, 6. We can hardly accept Clement’s depiction of the selective absorbency of bread, but his comment is nonetheless relevant.
20 Chrysostom, Homilies on the Gospel of John, Homily 46, 3.
the Roman Catholic and appear to confirm what his religion now teaches: “At the Last Supper, on the night he was betrayed, our Savior instituted the Eucharistic sacrifice of his Body and Blood,” (CCC, 1323) now called the “holy sacrifice of the Mass” offered regularly in fulfillment of Malachi’s prophecy (CCC, 1330). Here, Roman Catholicism initially appears to have the support not only of Irenæus, but of Malachi as well.

Again, a little history will serve us well. Through Malachi, the Lord condemned the unacceptable burnt offerings of the Jews and foretold a day when “in every place incense shall be offered unto my name, and a pure offering…among the heathen” (Malachi 1:10-11). Indeed, the apostles left instructions that sacrifices must and would continue under the New Covenant, but these new sacrifices would take the forms of “praise…the fruit of our lips giving thanks” (Hebrews 13:15), doing good works and sharing with others (Hebrews 13:16), “spiritual sacrifices” (1 Peter 2:5), providing for those in need (Philippians 4:18), and “your bodies a living sacrifice” (Romans 12:1). Such sacrifices are “holy” and “acceptable” (Romans 12:1, 1 Peter 2:5) and well-pleasing to the Lord (Philippians 4:18, Hebrews 13:16). The spiritual incense that accompanies these “spiritual sacrifices” is the “prayers of the saints,” offered on an altar in Heaven (Revelation 5:8, 8:3-4). “There is no more offering for sin,” it is true (Hebrews 10:18), but that does not mean there are no more sacrifices at all. A new temple of living stones had been constructed for the very purpose that these new sacrifices would continue (1 Peter 2:5). The early Church thus understanding Malachi’s prophecy and the apostolic instructions, implemented sacrificial offerings accordingly: thanks, praise, hymns, good works, sharing, caring for one another, and prayer. These were the holy, acceptable, well-pleasing oblations of a grateful Church.

The weekly gathering of Christians to partake of the Lord’s Supper became the venue where those sacrificial offerings were made. Tithes of the harvest were collected for distribution to the poor, thanks were offered to God for His provisions, and from the tithes, baked bread and mixed wine were taken for the celebration of the Supper. Justin Martyr explained that Christians brought the tithes of the harvest weekly, “the wealthy among us help the needy,” and “we…offer hearty prayers” of thanks “for all things wherewith we are supplied.” The tithes were collected and distributed to “orphans and widows and…all who are in need,” and all of this in the setting of the eucharistic liturgy “on the day called Sunday.”

“[W]e have been taught that the only honour that is worthy of Him is not to consume by fire what He has brought into being for our sustenance [Malachi 1:10], but to use it for ourselves and those who need [Philippians 4:18], and with gratitude to Him to offer thanks by invocations and hymns” for our creation [Hebrews 13:15]…. Our teacher of these things is Jesus Christ.” “I admit,” Justin Martyr concluded, “that prayers and giving of thanks, when offered by worthy men, are the only perfect and well-pleasing sacrifices to God.”

The next century, Cyprian of Carthage held that the sacrifice foretold by Malachi 1:11 was not blood or burnt offerings, but rather “the sacrifice of praise.” Tertullian had the sacrifices of Malachi 1:11 fulfilled in “the ascription of glory, and blessing, and praise, and hymns,” and “simple prayer from a pure conscience.” Origen saw the sacrifice of Malachi 1:11 offered “neither in a place nor in a land” but rather “in the heart.” “[W]hat else can [Malachi] mean,” asked Eusebius, “but…the incense of prayer and…not a sacrifice of blood but of good works?”

Irenæus elaborated considerably on the sacrifices, insisting, “the class of oblations in general has not been set aside…. Sacrifices there were among the people [the Jews]; sacrifices there are, too, in the Church” (18.2). These sacrifices took the exact form prescribed by the prophets and apostles. “[T]he very oblations” of the Church consisted of the tithes of the Lord’s people, for “those who have received liberty set aside all their possessions for the Lord’s purposes” as the widow had in the Gospels (Mark 12:42, Luke 21:2) (18.2). “[A] pure sacrifice” is “to be found grateful to God, …offering the

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22 In the original Greek “invocations and hymns” is “ποιμνίας καὶ ὕμνους” (Migne, Jacques-Paul, Patrologiae Cursus Completus, PG, volume VI, Imprimerie Catholique, Paris, 1857, 345), which, correctly rendered, is “processions and hymns,” referring to the bringing forward of the tithe with praise. The uncareful English mistranslation is of no small concern to us, as a following section will demonstrate. Justin did not see invocations as the fulfillment of the Malachi 1:11 prophecy.
23 Justin Martyr, First Apology, 13.
24 Justin Martyr, Dialogue with Trypho, 117.
25 Cyprian of Carthage, Treatise XII, I, 16.
26 Tertullian, Against Marcion, III, 22.
27 Tertullian, Against Marcion, IV, 1.
first-fruits of His own created things” to care for the needy in accordance with Epaphroditus’ example in *Philippians* 4:18 (18.4). “[W]e make offering to Him …rendering thanks for His gift, and thus sanctifying what has been created,” setting aside our surplus for the needs of the hungry, thirsty and naked, in accordance with *Matthew* 25:34, caring for the poor, in accordance with *Proverbs* 19:17. The incense of *Malachi* 1:11 was fulfilled in the prayers of the saints (17.6). These offerings are placed not on an earthly altar, but on a heavenly one, “for towards that place are our prayers and oblations directed” (18.6).

As with Justin Martyr, Irenæus held that “the new oblation” took place in the setting of the weekly liturgy, in the form of thanksgiving (εὐχαριστέω, eucharisteō) for “the first-fruits of His own created things,” including the baked bread and mingled wine for which Christ had offered thanks, and from which He had selected the elements of the Supper. Irenæus’ most detailed exposition of “the new oblation” is found in *Against Heresies* Book IV, chapters 17 and 18, and it is notable that while he places the “new oblation” in the context of the Lord’s Supper, *at no point does he refer to Christ’s body and blood as the new oblation*. Each explicit reference to the substance of “the new oblation” (italicized below) indicates the tithe offering of first-fruits of the harvest for the poor, and by extension, our good works. Irenæus never actually refers to Christ’s body and blood as “the new oblation”:

> Again, giving directions to His disciples to offer to God the first-fruits of His own, created things—not as if He stood in need of them, but that they might be themselves neither unfruitful nor ungrateful—He took that created thing, bread, and gave thanks, and said, “This is My body.” And the cup likewise, which is part of that creation to which we belong, He confessed to be His blood, and taught the new oblation of the new covenant; which the Church receiving from the apostles, offers to God throughout all the world, to Him who gives us as the means of subsistence the first-fruits of His own gifts in the new testament, concerning which Malachi, among the twelve prophets, thus spoke beforehand…indicating in the plainest manner, by these words, that the former people [the Jews] shall indeed cease to make offerings to God, but that in every place sacrifice shall be offered to Him, and that a pure one; and His name is glorified among the Gentiles. (17.5)

Inasmuch, then, as the Church offers with single-mindedness, her gift is justly reckoned a pure sacrifice with God. As Paul also says to the Philippians, “I am full, having received from Epaphroditus the things that were sent from you, the odour of a sweet smell, a sacrifice acceptable, pleasing to God.” *Philippians* 4:18 For it behooves us to make an oblation to God, and in all things to be found grateful to God our Maker, in a pure mind, and in faith without hypocrisy, in well-grounded hope, in fervent love, offering the first-fruits of His own created things. And the Church alone offers this pure oblation to the Creator, offering to Him, with giving of thanks, [the things taken] from His creation. (18.4)

For God, who stands in need of nothing, *takes our good works to Himself for this purpose*, that He may grant us a recompense of His own good things, as our Lord says: “…For I was an hungered, and you gave Me to eat: I was thirsty, and you gave Me drink;…” *Matthew* 25:34, etc.] As, therefore, He does not stand in need of these, yet does desire that we should render them for our own benefit, *lest we be unfruitful*; so did the Word give to the people that very precept as to the making of oblations, although He stood in no need of them, that they might learn to serve God: thus is it, therefore, also His will that we, too, should offer a gift at the altar, frequently and without intermission. The altar, then, is in heaven (for towards that place are our prayers and oblations directed). (18.6)

The reader will notice how frequently Irenæus refers to the grateful offering of created food as the substance of the oblation. We have only the “barbarous” Latin for these citations, but we can be assured that in the original Greek, Irenæus saw the eucharistic “oblation of the new covenant” instituted at the moment Christ “gave thanks” (εὐχαριστέω), rather than the moment He said “this is My body” and “blood,” because Irenæus would have cited the Scriptures in Greek. The Greek New Testament consistently has Christ “eucharistizing” (εὐχαριστήριας) the bread and wine (*Matthew* 26:27; *Mark* 14:23; *Luke* 22:17,19; *1 Corinthians* 11:24) before calling it His body and blood. That the early church offered eucharistic oblations in accordance with the written instructions of the apostles is clear. That Irenæus’ “new oblation” consisted of giving thanks to the Father for food (e.g., *Luke* 22:17,19), providing for the needs of the poor (*Proverbs* 19:17), the saints (*Philippians* 4:18), and the hungry and thirsty (*Matthew* 25:35) is also clear. That he had Christ offering thanks to His Father for the created bread and wine, and we, in imitation of Him, being “neither unfruitful nor ungrateful,” offering created things to Him as a tithe on a heavenly altar, is clear as well. When Irenæus thus writes that Christ gave “directions to His disciples to offer to God the first-fruits of His own, created things,” and then “took that created thing, bread, and gave thanks,” and “the cup likewise, which is part of that creation to which we belong,” and
“taught the new oblation of the new covenant” (17.5), the oblation to which he refers is the thank offering of the tithe of the harvest of “created things.” What Irenæus did not do, though the Roman religion wishes very much that he had, is say that Christ offered His body and blood as “the new oblation” and taught the apostles to do the same.

We highlight the Malachi 1:11 prophecy and this particular aspect of Irenæus’ eucharistic liturgy to demonstrate the yawning gap that exists in Roman arguments for the mass sacrifice in his works. In the place where Irenæus is alleged to teach the sacrifice of the mass as “the new oblation,” he never once states that “the new oblation” is an offering of Christ’s body and blood. What is actually offered is a tithe of the first fruits of the harvest for those in need, a point to which Irenæus returns repeatedly, emphatically and explicitly. It is what Christians today call “the offertory” or “the collection.” The Roman apologist leaps invalidly from the tithe offering in Irenæus to a sacrifice of Christ’s body and blood, of which Irenæus has said not a word. Such an approach to Irenæus not only ignores his explicit identification of “the new oblation” as the tithe offering, but also causes Rome’s apologists to miss why he was so focused on an offering of “the first-fruits of His own, created things” in the first place.

“He took it from that creation to which we belong...”

Our knowledge of Irenæus’ familiarity with the ingredients of the mixed bread and mingled wine, his conviction that created food served as a figure and evidence of the union of the flesh and Spirit, and his belief that “the new oblation of the new covenant” was both gratitude for, and an offering of, created things to the Creator, now serves us as we see him use the eucharistic liturgy to argue against the Gnostics. The gnostic liturgy was exactly the same as his, a matter of some consternation to him because they included mixed and mingled created food in their liturgy even as they rejected the mingling of God with His creation. He therefore appealed to the eucharist to highlight the gnostic inconsistency of offering created things to “their Father” who was not the Creator, calling created things the body and blood of “their Lord” while denying that He was the Creator’s Son, and nourishing their created bodies with it while denying that their created bodies could be saved.

The Valentinian Gnostics maintained that created things originated not from the Father of Christ, but rather “from apostasy, ignorance, and passion,” and yet offered in their oblations “what belongs to this creation of ours,” as if the Father was “desirous of what is not His own.” Like the Christians, the heretics, too, called the created bread and wine His body and blood, but their inconsistency was intolerable: “[H]ow can they be consistent with themselves, that the bread over which thanks have been given is the body of their Lord, and the cup His blood, if they do not call Himself the Son of the Creator of the world...?” (AH.IV.18.4).

The Marcionite Gnostics held “that there are two gods, separated from each other by an infinite distance,” one god who created, and Jesus’ Father, Who did not. To Irenæus, this resulted in an impossible contradiction, for by saving created beings, Christ was taking “men that do not belong to him” away from the god “who made them.” It also made Christ inconsistent in His institution of the Supper: “[H]ow could the Lord, with any justice, if He belonged to another father, have acknowledged the bread to be His body, while He took it from that creation to which we belong, and affirmed the mixed cup to be His blood?” (AH.IV.33.2).

As for the Ebionite Gnostics, they “remain in the old leaven of [the natural] birth,” rejecting “the commixture of the heavenly wine” (AH.V.1.3). They “say that God came to those things which did not belong to Him...snatching away by stratagem the property of another” (AH.V.2.1). Irenæus observed that Jesus’ institution of the Supper contradicted them: “He has acknowledged the cup (which is a part of the creation) as His own blood, from which He bedews our blood; and the bread (also a part of the creation) He has established as His own body, from which He gives increase to our bodies” (AH.V.2.2; parentheses in original).

His consistent message as he countered the Gnostics was that it is only reasonable to offer created food to the Father if the Father is the Creator, only reasonable for the Son to thank Him for created food if He is the Creator’s Son, and only reasonable for Him to call created food “His body” and “blood” if He actually possessed a created body. Thus, it is only reasonable to call Him Savior, if He had come to save His creation, body and soul together. By this means, created food (not transsubstantiated food) had become for Irenæus a defense against the gnostic denial of the union of the flesh and Spirit.

Like the mixed bread and mingled wine, God had mingled with His Creation in two important ways: God the Son had commingled with the flesh through the incarnation, and God the Spirit had commingled with

30 See also Tertullian, Against Marcion, IV, 40, “Then, having taken the bread and given it to His disciples, He made it His own body, by saying, ‘This is my body,’ that is, the figure of my body. A figure, however, there could not have been, unless there were first a veritable body.” Calling the bread His body and the wine His blood “affirms the reality of His body” (emphasis added).
the flesh when He was poured out on men. By his own hand, it is in those two comminglings that the sum of his arguments against the Gnostics was to be summarized:

Since the Lord thus has redeemed us through His own blood, giving His soul for our souls, and His flesh for our flesh, and has also poured out the Spirit of the Father for the union and communion of God and man, imparting indeed God to men by means of the Spirit, and, on the other hand, attaching man to God by His own incarnation, and bestowing upon us at His coming immortality durably and truly, by means of communion with God—all the doctrines of the heretics fall to ruin. (AH.V.1.1)

Because created food demonstrated so clearly to Irenæus that God had mingled with His own creation, it was the use of created food during the eucharist that so effectively overturned the gnostic error. Irenæus’ own eight-chapter summary of his entire work against them focused on created food and most frequently on bread and wine at every stage of production, from kernel to loaf, from cluster to cup, so significant was the use of created food to him (AH.V.29-36).

“But our opinion is in accordance with the Eucharist...”

To Irenæus, therefore, it was the whole spectrum of created food that informed the eucharistic celebration: God’s creation of food, the believers’ harvest and eucharistic tithe of created goods on an altar in Heaven, the Lord’s gratitude for the created things His Father provided, calling that created food His body and blood, feeding that created food to His disciples, and promising to eat that same created food again with them in Heaven. That continuum of eucharistic evidence testified of the permanent commingling of God and man, both in the incarnation and in the outpouring of the Spirit on men. The Gnostics, on the other hand, denied those comminglings, but nevertheless used created food in their liturgy, exposing their inconsistency in three ways:

1. In the oblation: “maintaining that the Father is different from the Creator, [while] they offer to Him what belongs to this creation of ours...rather subjecting Him to insult than giving Him thanks.” (AH.IV.18.4)

2. In the words of institution: “[saying] that the bread over which thanks have been given is the body of their Lord, and the cup His blood, [while] they do not call Himself the Son of the Creator.” (AH.IV.18.4)

3. In the memorial meal: “[saying] that the flesh...is nourished with the body of the Lord and with His blood, [but still] goes to corruption, and does not partake of life.” (AH.IV.18.5)

We note—it is of no small significance, and the reader must attend to it—that Irenæus believed the Gnostics had a theological problem, not a liturgical problem. He described their inconsistencies in the same liturgical order as that observed by Christians in the second century as well as by Protestants today: thanksgiving or tithe offering, followed by words of institution (“This is My body,” “This is My blood”), followed by the eucharistic memorial meal, the Lord’s Supper. As we noted above in his own rendition of the Christian liturgy, and now here in his rendition of the gnostic liturgy, there is no mention of offering the Lord’s body and blood. It is only in the oblation that anything is offered, and what is offered—by Gnostics and Christians alike—is “the fruits” of “this creation of ours” (AH.IV.18.4), the oblation occurring, quite noticeably, prior to the words of institution.

With that in mind, Irenæus believed the inconsistency of the Gnostics could be easily corrected in either of two ways:

Let them, therefore, either [1] alter their opinion, or [2] cease from offering the things just mentioned. But our opinion is in accordance with the Eucharist, and the Eucharist in turn establishes our opinion. For we offer to Him His own, announcing consistently the fellowship and union of the flesh and Spirit. (AH.IV.18.5)

As we have shown, it is the created food of the eucharistic oblation that announces the “union of the flesh and Spirit.” What is being contrasted here is the gnostic oblation of created food to the non-creator to whom it did not belong, with the Christian oblation of “His own” created food to the Creator to Whom it did belong. The gnostic inconsistency could be easily resolved by repenting of the opinion that Christ was not the Creator’s Son, and that created flesh could not be saved. Or, barring that, it could be resolved by ceasing to offer created food to His Father in the first place. It was really that simple. It was never about offering Christ’s body and blood to the Father. Neither Irenæus nor the Gnostics knew of any such eucharistic sacrifice, and therefore the locus of his argument against them remained squarely on the inconsistency of their use of created food.

Irenæus’ Alleged Reference to Transubstantiation and the Mass Sacrifice

It is here that we must now take aim at the overt historical revisionism employed by the Roman Catholic to have his way with Irenæus. Lacking support from his actual words, Rome takes matters into her own hands and commits some of the most egregious offenses in all
of eucharistic historiography, unable to prove from the
evidence either how Irenæus affirmed the mass sacrifice,
or why he would want to do so. Irenæus indeed wrote
that Christ instituted “the new oblation of the new
covenant” at the Last Supper, and also that Christ called
the bread and wine His body and blood, but he stubbornly refuses to testify that “the new oblation” is
the offering of Christ’s body and blood.

The only option available to Rome is to change what
Irenæus wrote, forcing him to affirm what he would
have denied. The mass sacrifice is therefore extracted
from Irenæus through an extraordinary deception that is
made even more remarkable by the Protestants who have
been complicit in advancing it. Rome intentionally
mistranslates his original Greek in order to conflate “the
new oblation” with the words of institution, making it
appear that “the new oblation” occurs at the moment the
bread and wine are called the body and blood of Christ.
By that sleight of pen Irenæus is made to affirm the
offering of the body and blood of Christ by the Church,
and the Roman Catholic mass sacrifice thereby becomes
the antidote to the second century gnostic heresy.

The linchpin of Rome’s deception is the moment when
Christ’s words—“this is My body,” “this is My
blood”—are spoken over the bread and wine. That
moment is alternately called “the words of institution,”
“the consecration,” “the invocation,” or in Irenæus’
words, “the epiclesis,” when the elements “receive the
word of God.”

The Epiclesis

In several of his references to the Lord’s Supper,
Irenæus highlights the point in the liturgy when the
words of institution are spoken over the bread and wine.
As he describes it, “When…the mingled cup and the
manufactured bread receives the Word of God,” the
bread and the wine become “the Eucharist, which is the
body and blood of Christ” (AH.V.2.3). Irenæus
acknowledges the liturgical epiclesis, consistently
placing it after the eucharistic oblation, as the Scriptures
would indicate as well, for all of the accounts of the Last
Supper have Christ eucharistizing the bread and wine
before calling it His body and blood. Irenæus affirmed
this same order when criticizing the heretic Marcus for
“pretending to eucharist (εὐχαριστεῖν) cups of mixed
wine” and afterward uttering a lengthy epiclesis
(ἐπικλῆσεως) causing the wine, for dramatic effect, to
change color (AH.I.13.2).31 Irenæus’ ordering of the
eucharistic oblation prior to the epiclesis is confirmed by
two other early Greek witnesses—Irenæus’ disciple,
Hippolytus of Rome (170 - 235 AD)32 and Epiphanius of
Salamis (c. 310 – 403 AD)33—both of whom recited this
specific criticism of Marcus by Irenæus.

The early church’s ordering of the eucharistic oblation
prior to the epiclesis, before it is called Christ’s body
and blood, is problematic to Roman Catholicism for
obvious reasons. The epiclesis is the key to the Roman
Catholic sacrifice of the mass that requires the
eucharistic oblation to occur after the epiclesis, that is,
after the bread and wine are called His body and blood:

The Epiclesis (“invocation upon”) is the intercession
in which the priest begs the Father to send the Holy
Spirit, the Sanctifier, so that the offerings may become
the body and blood of Christ… (CCC, 1105)

The epiclesis, which Rome also calls the
“consecration” (CCC, 1376), is the hinge upon which the
Roman religion’s ministry of reconciliation is allowed to
turn, for “the epiclesis is at the heart…of the Eucharist”
(CCC, 1106), and “[t]he Eucharist is ‘the source and
summit of the Christian life’” (CCC, 1324). To prove
that the early Church offered the mass sacrifice, Roman
Catholicism requires Irenæus to place “the new
oblation” at the “epiclesis,” and for this reason, Irenæus’
eucharistic liturgy has suffered great abuse at the hands of
Rome.

It is relevant here, so we will repeat what we noted at
the beginning: early Christians mixed their wine with
water prior to the weekly gathering, not during the
memorial meal. It was not until the late fourth century
that Ambrose proposed the liturgical mixing of water
with wine at the table. Roman Catholic Jacques-Paul
Migne (1800-1875), stumbling into Ambrose’s novelty,
mistook Irenæus’ second century reference to “cups of
mixed wine” as a late fourth century reference to cups
that had been mixed liturgically during the service.
Because the cups were mixed, Migne assumed that
Irenæus could not have been referring to a mere
eucharistic oblation of gratitude for wine. He thus
assumed Irenæus must have used εὐχαριστεῖν
(eucharistin) to refer to the epiclesis rather than to the
thank offering, and so preferred to render it “to
consecrate” rather than “to give thanks.” This has the
effect of collapsing Marcus’ liturgical oblation followed
by the epiclesis, into a single, lengthy epiclesis, and has

31 Migne, PG, VII, 580.
32 Hippolytus, Refutation of All Heresies, VI.34. “…taking the
Cup, as if offering up the Eucharistic prayer (εὐχαριστεῖν), and
prolonging to a greater length than usual the word of
invocation (ἐπικλῆσεως)...” (Migne, PG, XVI, 3258).
33 Epiphanius, Heresies, 34.2; “pretending to eucharist
(εὐχαριστεῖν) the mixed wine” and then uttering a lengthy
epiclesis (ἐπικλῆσεως) (Migne, PG, XLI, 584).
him a “consecrated” cup of Christ’s blood, rather than making a simple thank offering of mixed wine.\(^{34}\) It is by such deliberate mistranslation that Migne subtly shifted Irenæus’ focus away from the contemporary eucharistic oblation of gratitude for created food \textit{prior to the epiclesis}. Migne repeated the error in Epiphanius’ \textit{verbatim} account of the same event, insisting in a footnote that Irenæus’ reference to the mixing must imply that he had been using \textit{εὐχαριστεῖν} to mean “consecrate.”\(^{35}\) Remarkably, that evidence tampering has been largely accepted by Protestants.\(^{36}\)

Migne returned to his folly in Book IV of \textit{Against Heresies}, committing what is arguably one of the most offensive translation errors in all of patristic eucharistic literature. Still unable to find the “source and summit” of his religion in Irenæus, Migne attempted again to show that Irenæus’ “new oblation of the new covenant” occurs at the \textit{epiclesis}. In Book IV, that is exactly where Irenæus appears to place it as he describes the offering of bread after it has received the invocation:

But our opinion is in accordance with the Eucharist, and the Eucharist in turn establishes our opinion. For we offer to Him His own, announcing consistently the fellowship and union of the flesh and Spirit. For as the bread, which is produced from the earth, \textit{when it receives the invocation of God}, is no longer common bread, but the Eucharist, consisting of two realities, earthly and heavenly; so also our bodies, when they receive the Eucharist, are no longer corruptible, having the hope of the resurrection to eternity. (\textit{AH.IV.18.5}, emphasis added)

Irenæus’ expression that the bread offering consists of “two realities, earthly and heavenly” after “the invocation” is thus taken to refer to a change of the bread at the \textit{epiclesis}, at which point it becomes a heavenly offering of Christ’s flesh to the Father. Migne, it seems, had finally found his mass sacrifice.

The problem, as Migne well knew, is that Irenæus wrote nothing of “the invocation” here. Aided by the “barbarous” Latin version, Migne discreetly inserted the \textit{epiclesis} into the Greek text to force Irenæus to have the bread changed into Christ’s body in time to be offered as the “new oblation.” What Irenæus’ original Greek actually says is that the bread becomes both “earthly” and “heavenly,” not at the \textit{epiclesis}, but rather at the moment it is set aside as \textit{a tithe}. The bread is “earthly” in that it is the product of our toil, and “heavenly” in that it is set aside for the heavenly purpose of feeding the poor, and therefore offered as a tithe on an altar in Heaven.

Migne’s fraudulent reading of the passage is based on the “barbarous” Latin translation, \textit{“terra panis, percipients invocationem Dei (earthly bread, when it receives the invocation of God).”} But there is no need to rely on the “barbarous” Latin when the Greek is in our possession. In his native tongue Irenæus wrote that the earthly bread takes on a heavenly reality not at the “\textit{εἰκλησία} (epiclesis) of God,” but rather at the “\textit{ἐκκλησία} (ecclesias) of God”; “\textit{Ὣς γὰρ ἀπὸ γῆς ἄρτος προσλαμβανόμενος τὴν ἐκκλησίαν τοῦ Θεοῦ…}”\(^{38}\) That underlined word, \textit{ἐκκλησία} (ecclesias), means to “call forth” or “appeal,”\(^{39}\) and thus Irenæus’ statement is properly rendered,

For as the bread, which is produced from the earth, \textit{when it receives the summons of God}, is no longer common bread, but the Eucharist, consisting of two realities, earthly and heavenly.\(^{40}\)

A simple analysis of this chapter of Irenæus brings the true meaning out of the medieval shadows in which Migne attempted to hide it. The early Church saw the thank offering of the first-fruits not only prophesied in \textit{Malachi} 1:11, but also foreshadowed in the bread offerings under the Levitical rite. That bread offering was “a sweet savour unto the LORD” (\textit{Leviticus} 2:2, 6:21) and an offering of “the firstfruits” (\textit{Leviticus} 23:17). Irenæus saw these linked together in the Philippian’s gift to Paul, “an odour of a sweet smell, a

\(^{34}\) Migne, \textit{PG}, VII, 579n: “\textit{Consecrare, inquam, non gratias agere…hic enim non de gratiarum actione simpliciter, sed de ipso Eucharistiae sacrificio...}” (emphasis in original), and 580n: “Nam hic \textit{εὐχαριστεῖν significat consecrare,...non gratias agere.” (emphasis in original).\(^{35}\)

\(^{35}\) Epiphanius, \textit{Heresies}, 34.2, (Migne, \textit{PG}, XLI, 583n): “Quanquam ille ipsis interpres parum commode: \textit{Pro calice enim vino misto fingers se grata agere.} Nostro autem sensu post κεκραμένα [mixed] apponenda distinctio est” (Italics in original). Migne makes no such correction to Hippolytus’ account since Hippolytus’ later Latin translator had already rendered “\textit{τεύχαριστεῖν}” as “consecrans” (Migne, \textit{PG}, XVI, 3257, 3258).\(^{36}\)


\(^{38}\) \textit{Migne, PG}, VII, 1028.\(^{39}\)


sacrifice acceptable, well pleasing to God” (Philippians 4:18), and in Christ's gratitude for the bread and wine at the Supper. It is that offering to which Irenæus referred when he said the bread “receives the summons of God” Who in the Old Testament summoned that bread unto Himself as a tithe: “thou shalt bring it in” (Leviticus 6:21; compare, Leviticus 2:8, 23:17; Deuteronomy 12:6, 11; 14:28, Nehemiah 10:37; Amos 4:4). The Lord summoned the tithe for the use of “the Levite” as well as for the poor, “the stranger, the fatherless, and the widow” (Deuteronomy 26:12). In Malachi, the very locus of Irenæus’ thinking on the “new oblation,” the Lord summons the tithe again: “Bring ye all the tithes...” (Malachi 3:10). In Irenæus’ original Greek, therefore, it is not the invocation of God (ἐπικλῆσιν τοῦ Θεοῦ), but rather the summons of God (ἐκκλησίαν τοῦ Θεοῦ), that brings about the “heavenly” reality in the bread.

This, in fact, is Irenæus’ sole point in Book IV, chapter 18: “the class of oblations in general has not been set aside; for...those who have received liberty set aside all their possessions for the Lord’s purposes” (18.2). The change of reality does not occur by Christ’s heavenly flesh descending into the bread of Earth for a eucharistic offering, but rather by the earthly bread being raised up to Heaven to be offered there, having been set aside after the examples of the widow (Mark 12:42, Luke 21:2), the sheep (Matthew 25:35) and Epaphroditus (Philippians 4:18). Irenæus insists in this very chapter that our tithes are placed on a heavenly altar for His use (AH.IV.18.6). That is how the bread consists “of two realities, earthly and heavenly” when it “receives the summons of God.”

As with Irenæus’ representation of the liturgy in Book I, this rendering, too, is problematic for the Roman Catholic because it has the offering occurring prior to the epiclesis, before it is said to be the body and blood of Christ. Because Irenæus’ words here refute Rome’s claims of early origins for the mass sacrifice, Migne insisted in his footnotes that by “ἐκκλησίαν” Irenæus really must have meant “ἐπικλῆσιν” which he calls the “preferred” reading.41 Every Roman Catholic apologist—and many a Protestant42—accepts that editorial modification without objection, assuming that Irenæus simply must have been referring to the epiclesis as the cause of the change in the reality of the bread. In this stunning display of editorial license, Irenæus’ second century work is modified—with the blessing of Protestants!—to collapse his eucharistic oblation into the epiclesis to make it conform to Roman Catholicism’s late fourth century liturgical novelties.

“...The Things Just Mentioned”
Migne’s editorial modifications cause Irenæus, quite against his will, to point to the mass sacrifice as the solution to the inconsistency of the Gnostics. Returning now to Irenæus’ argument against them, we remind the reader that his explicit concern was that they were inconsistent to offer to God “what belongs to this creation of ours,” and only afterward to call “the bread...the body of their Lord, and the cup His blood” (AH.IV.18.4). What is offered is not called the body and blood of “their Lord,” and what is called the body and blood of “their Lord” is not offered. When Irenæus then immediately continues, insisting, “Let them, therefore...cease from offering the things just mentioned,” the things just mentioned are the things just offered, which are “what belongs to this creation of ours.” It is a very subtle point that is obscured by Migne.

It is here that Migne reaps a harvest of the deceit he has sown by changing “summons” to “invocation.” Irenæus continues (according to Migne) saying that Christians, by way of contrast, are not inconsistent in their offerings, because “we offer to Him His own [bread]” that has received “the invocation of God,” showing that we announce “consistently the fellowship and union of the flesh and Spirit” (AH.IV.18.5). By Migne’s wordcraft, “fellowship and union of the flesh and Spirit” is thus made to refer to the Holy Spirit changing the bread into Christ’s flesh at the epiclesis, and, Voila!, Irenæus has put forward as a counter-example the consistency of the Christians who “offer to Him His own [Son],” the transubstantiated bread, at the epiclesis. Irenæus thus appears to counter the inconsistent gnostic offering of the body and blood of Christ with the Christian offering of the same, and the fraudulent parallel is complete: just as the bread turns into the body and blood of Christ at the epiclesis, “so also our bodies, when they receive the Eucharist, are no longer corruptible, having the hope of the resurrection to eternity (AH.IV.18.5). This is how the ancient “barbarous” Latin translator, and Migne after him, turned Irenæus’ simple tithe offering into the sacrifice of the mass, and caused Irenæus to affirm the resurrection of the body by consumption of transubstantiated bread. There is hardly a Roman Catholic apologist who does not cite Irenæus here as if he actually meant that “our

41 Migne, PG, VII, 1028n.
42 See, for example, Harvey, W. Wigan, Sancti Irenæi Episcopi Lugudensis, Libros Quinque Contra Haereses, volume ii, Typis Academicis, 1857, 205n-206. “ἐπικλῆσιν is evidently the reading followed by the [Latin] translator, and is that which the sense requires.” See also, John H. McKenna as he wonders credulously what Irenæus must have meant when he wrote “προσλαμβανόμενος τὴν ἐπικλῆσιν τοῦ Θεοῦ,” something that Irenæus did not write! See The Eucharistic Epiclesis: A Detailed History from the Patristic to the Modern Era, Second edition, Hillenbrand Books, 2009, 46.
opinion is in accordance with the Roman Catholic mass, and the Roman Catholic mass in turn establishes our opinion.” It is a parallel forged in the imagination of the Roman mind, from an argument based on a barbaric Latin translation and an unconscionable redaction of the original Greek.

“...and the Eucharist in turn establishes our opinion.” But we know better, so now it is our turn to reap a bountiful harvest from our Irenæus toil. We know from Irenæus’ own words that it is created food, not transubstantiated food, that announces “consistently the fellowship and union of the flesh and Spirit.” We correct Rome’s illicit redaction of Irenæus’ original Greek to allow him to speak plainly in his own words of the tithe offering of created food before the epiclesis; we see clearly that he has both the Gnostics and Christians offering (but not eating) a tithe of created food prior to the epiclesis, and has both the Gnostics and Christians eating (but not offering) the body and blood of “their Lord” after the epiclesis; we see that it was the gnostic offering of created food that so aptly illustrated their inconsistency; and we perceive that the union of flesh and Spirit, as signified by Irenæus in the mixed bread and mingled wine, really manifested in the two com- minglings of God and man: Christ in His incarnation, and the Spirit in the outpouring on men, unto rebirth, and ultimately, unto resurrection.

The antidote to the poisonous fruit of Rome’s intentional mistranslation thus presents itself to the patient reader. Irenæus’ argument against the Gnostics had never been about transubstantiation or the mass sacrifice at all. It was about created food. Whether it was in the ground, in the ear, on the vine, at a wedding (John 2:1-11), on a mountaintop (John 6:11), offered as a tithe, consumed at the memorial meal or again in eternity with Christ, created food—and particularly mixed bread and mingled wine, consistently announced “the fellowship and union of the flesh and Spirit.” The Gnostics were inconsistent to offer created food to the Father while denying that He was the Creator, to call it the body and blood of “their Lord” while denying that “their Lord” was the Creator’s Son, and to nourish their bodies with that created food while denying that their created bodies could be raised up by the working of the Father, Son, and Spirit.

Faith, not Transubstantiation, as the Nexus of Eucharist and Resurrection
With this in mind we may now grasp Irenæus’ hope of the resurrection through the consumption of Christ’s body and blood at the Supper. The Roman Catholic, misled by his illicit translations, would have our bodies suited for resurrection by consuming the literal body and blood of Christ under the appearance of bread and wine. But having corrected the Roman redaction, we see Irenæus’ conviction that our bodies are prepared for Heaven during the meal in the same way the bread was prepared for Heaven when it was set aside as a tithe:

For as the bread, which is produced from the earth, when it receives the summons of God, is no longer common bread, but the Eucharist, consisting of two realities, earthly and heavenly; so also our bodies, when they receive the Eucharist, are no longer corruptible, having the hope of the resurrection to eternity. (AH.IV.18.5, emphasis added)

This is the parallel Irenæus has drawn, and it is simple and clear: our bodies become suited for their heavenly destiny “when they receive the Eucharist,” in the same way the bread becomes suited for heavenly purposes “when it receives the summons of God.” Both occur by faith. As Irenæus has already stated, the tithe becomes acceptable to God when we “offer it in all simplicity and innocence” (AH.IV.18.1), for “it is the conscience of the offerer that sanctifies the sacrifice when it is pure” (18.3), offering it “in a pure mind, and in faith without hypocrisy, in well-grounded hope, in fervent love” (18.4). As with the earthly bread of the tithe, so with our earthly bodies in the meal. The parallel is inescapable. It is the disposition of the recipient, not the substance of the bread, that makes the eucharist effectual to those who receive it.

To that end, we return to Irenæus’ passionate insistence that the Triune God interacts with His creation, while the heavenly powers of the Gnostics do not. Irenæus has thus far identified two moments when God interacts with the created bread and wine: when the Father summons the bread and wine as a tithe (18.5), and when the Son calls it His body and blood for a meal (V.2.3). In the same context Irenæus has the Holy Spirit operating on the wine and bread when they are yet grapes on the vine and wheat in the ear, long before they are even summoned for the tithe, and longer still before the epiclesis. The preparation of our created bodies for eternity by the operation of the Spirit and the Word is thus likened to the way the Spirit and the Word operate on the created bread and wine:

And just as a cutting from the vine planted in the ground fructifies in its season, or as a grain of wheat falling into the earth and becoming decomposed, rises with manifold increase by the Spirit of God, who contains all things, and then, through the wisdom of God, serves for the use of men, and having received the Word of God, becomes the Eucharist, which is the
body and blood of Christ; so also our bodies, being nourished by it, and deposited in the earth, and suffering decomposition there, shall rise at their appointed time, the Word of God granting them resurrection to the glory of God, even the Father, who freely gives to this mortal immortality, and to this corruptible incorruption. (V.2.3)

Here when Rome most needs Irenæus to invoke the Holy Spirit to bring about a change in the wine and bread during the liturgy, he instead has the Spirit operating on vine and kernel while they are yet in the Earth, so far removed is his thinking from any notion of Roman transubstantiation at the invocation of the Holy Spirit.43 Significantly, Irenæus has all three Persons of the Trinity interacting with the created food, demonstrating the way the Triune God mingles with created flesh to save it, the centerpiece of his argument against the Gnostics.

Allowing Irenæus to draw out his own point, the problem with the Gnostics was not that they did not offer created things to the Father (they did, AH.IV.18.4), or that they did not call the bread and wine the body and blood of “their Lord” (they did, 18.4), or that they did not consume the memorial meal (they did, 18.5). The problem was that they “do not receive by faith into their soul the union of God and man” by which “the Word of the Father and the Spirit of God…become united with the ancient substance of Adam’s formation” (V.1.3), just as They had at creation: “Now man is a mixed organization of soul and flesh, who was formed after the likeness of God, and moulded by His hands, that is, by the Son and Holy Spirit, to whom also He said, ‘Let Us make man’” [Genesis 1:26] (IV.Preface.4).

The created food of the eucharist abundantly illustrated the raising up of Adam’s fallen progeny by the threefold interaction of the Triune God with His creation, and it was by faith, not by transubstantiation, that it occurred. This, to Irenæus, is how Christians announce “consistently the fellowship and union of the flesh and Spirit,” both in the oblation and in the meal, consuming Christ’s flesh and blood by faith unto resurrection and eternal life (John 6:31-54). Irenæus thereby illustrated his arguments against the Gnostics by having the Spirit operating on the grapes in fructification while they are still “in the ground” and on the kernel in germination while it is yet in “the Earth,” the Father summoning the earthly bread to bring about its “heavenly reality” while it is still but a tithe offering, and the Son speaking over the created bread during the meal to make it His body and blood to us. There can be no doubt that his language is figurative throughout. Such an illustration of the Triune God’s interaction with created food aptly demonstrated to Irenæus the triune God’s interaction with created flesh, standing in stark contrast to the heavenly powers of the Gnostics that “do not come in contact with any of those things which belong to creation” (AH.II.15.1). That powerful signification is lost in Migne’s misguided editorial diversions.

We might then ask whether Irenæus believed the Spirit’s operation on kernel and cluster during germination and fructification effected a literal, substantial change to make it other than wheat and grape that “serves for the use of men”? Or whether Irenæus believed the Father’s summons of the earthly bread effected a literal, substantial change to make it other than bread for the heavenly purpose of feeding widow and orphan? Of course not. If Irenæus thus has the Spirit and the Father operating on bread and wine without bringing about a literal, substantial change, there is no basis for the Roman insistence that the Son’s words spoken over the bread and wine effected a literal, substantial change in it, either. Irenæus’ focus rather is on the interaction of the Trinity with the things of creation, and Jesus’ words simply set aside the created bread and wine for consumption by the believer who, as a condition of partaking must “receive by faith into [his] soul the union of God and man.” To Irenæus, there was nothing that figured the union better than the Lord’s creation of food, His appetite for created food, His use of created food, and His promise to eat created food with us in eternity. It is only Rome’s ambitious imagination and illicit redaction of the Greek text that could have suggested otherwise. With the Greek text restored, the Roman argument evaporates.

43 We have studiously avoided any references to the much controverted Fragment 37, dismissed by some because the bread and wine are called “eucharist” before the epiclesis, and the “eucharistic oblation of the new covenant” is complete before the Holy Spirit is invoked—and even then the author still refers to the bread and wine as “antetypes” of the sacrifice of Christ after the invocation. Quite notably in Fr. 37, the Holy Spirit is not said to change the bread and wine into Christ’s body and blood, but rather to operate on the mind of the believer to bring about the mental perception of Christ’s sacrifice through the created elements of bread and wine. Fr. 37 was dismissed by Adolf von Harnack, among other reasons, because it was too consistent with the beliefs of the Lutheran who discovered it. (Die Pfaff'schen Irenäus-Fragmente als fälschungen Pfaffs Nachgewiesen, J. C. Hinrich'sche Buchhandlung, 1900). It is our opinion that Harnack dismissed it too quickly, for in light of our analysis here, the substance of Harnack’s objection, though he did not know it, is that Fr. 37, ostensibly by the hand of Irenæus, is too consistent with Irenæus!
The Quintessentially Protestant Irenæus

Upon careful analysis, Irenæus sends the Roman apologist away empty-handed. Only upon a cursory reading does Irenæus appear to advocate for the liturgical mixing of water with wine, for the reality of Christ’s presence in the bread and wine, and for the sacrifice of the mass as the “new oblation of the new covenant.” But Irenæus requires more than a cursory reading, and the Christian must not accept one.

Not only do the historical data contradict Rome’s claims, but the Roman arguments from Irenæus are also shown to be void of substance and integrity. Rome’s attempt to find a liturgical mixing of water with wine in Irenæus is based not on any explicit affirmation from him, but rather upon his description of a secular manufacturing process for wine, a nearly universal practice with no liturgical origin. Rome’s attempt to find in Irenæus a sacrifice of the body and blood of Christ is based on his detailed and exhaustive exposition of Malachi 1:11 as a grateful offering of the tithe, in which exposition he never once identifies the body and blood of Christ as “the new oblation.” Rome’s attempt to collapse Irenæus’ eucharistic offering into the epiclesis requires that one adopt Ambrose’ late fourth century novelty of mixing the water and wine liturgically and then mistranslate “eucharist” as “consecrate” in order to accommodate the anachronism. Rome’s attempt to find a substantive change in the bread at the epiclesis requires that we defer to a “barbarous” Latin translation, while discreetly changing the original Greek from “summons” to “epiclesis” so that later Roman novelties may be discovered in the second century. What is more, Roman attempts to elicit the mass sacrifice from Irenæus require a willful ignorance of his own affirmation that it is created food that testifies of the fellowship and union of the flesh and Spirit at every phase—in its planting, growth, harvest, manufacture, tithe, and consumption on Earth and again in Heaven. Far from supporting Rome’s claims, the evidence rather demonstrates to us the dim light in which one must study Irenæus to find the Roman Catholic liturgy in his works. What we find in the light of day is a second century eucharistic liturgy that is essentially the same as that celebrated by most Reformed Protestants today: a tithe of gratitude that is offered (but not eaten) in the liturgy, from which tithe created food is procured with no further liturgical mixing, and then consecrated for the memorial meal that is eaten (but not offered), the elements of the meal becoming figures to us of the body and blood of Christ by faith, not by transubstantiation.

In sum, Rome cannot support the origins of her mass sacrifice without attempting to extract it from Irenæus by anachronism, by subtle wordcraft, and by deceit. Even under such an assault, Irenæus refuses to help her. The real surprise in Irenæus therefore awaits not the Protestant but the Roman Catholic. And while Protestants do not need Irenæus to support their eucharistic liturgy—the Scriptures testify of it abundantly—it is nevertheless delightful to find in Irenæus, despite centuries of Roman attempts to obscure it, an essentially Protestant liturgy precisely where Rome cannot stand to discover it: in the early Church.

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